



# Annual Report

## 2024

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# Table Of Contents

Acronyms.....	2
History, Mission, Vision, Core Values.....	3
Message from the Chairperson and CEO.....	5
AFGA Services in 2024.....	6
Year in Review 2024.....	8
Summary.....	10
Core Fund Project.....	11
UNFPA Project.....	13
JSB-4 Project.....	20
NORAD-2 Project.....	23
LHSS Project.....	26
Stream 3 Returnees Emergency Response Project.....	28
Stream 3 Flood Emergency Response Project (Baghlan).....	31
Stream 3 Flood Emergency Response Project (Ghor).....	34
Donors and Partners.....	36
Financial Statements.....	41

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# Acronyms

<b>AFGA</b>	Afghan Family Guidance Association	<b>M&amp;E</b>	Monitoring & Evaluation
<b>ANC</b>	Antenatal Care	<b>MHC</b>	Mobile Health Clinic
<b>ANDMA</b>	Afghanistan National Disaster Management Authority	<b>MHL</b>	Midwifery Help Line
<b>ANIM</b>	Afghanistan National Institute of Music	<b>MISP</b>	Minimum Initial Services Package
<b>BMZ</b>	Federal Ministry for Economic Cooperation and Development	<b>MNCH</b>	Maternal, Newborn and Child Health
<b>CEO</b>	Chief Executive Officer	<b>MoLSAMD</b>	Ministry of Labor, Social Affairs, Martyrs, and Disabled
<b>CHW</b>	Community Health Worker	<b>MoPH</b>	Ministry of Public Health
<b>COM</b>	Community Outreach Midwife	<b>MSIA</b>	Marie Stopes International Afghanistan
<b>CSE</b>	Comprehensive Sexuality Education	<b>NGO</b>	Non-Governmental Organization
<b>DFAT</b>	Department of Foreign Affairs and Trade	<b>PNC</b>	Postnatal Care
<b>eLMIS</b>	Electronic Logistic Management Information System	<b>PPH</b>	Postpartum Hemorrhage
<b>ERP</b>	Emergency Response Project	<b>PPHD</b>	Provincial Public Health Directorate
<b>FHH</b>	Family Health House	<b>RHCS</b>	Reproductive Health Commodities Security
<b>FP</b>	Family Planning	<b>SDP</b>	Service Delivery Point
<b>FWC</b>	Family Welfare Center	<b>RH</b>	Reproductive Health
<b>GBV</b>	Gender-based Violence	<b>STI</b>	Sexually Transmitted Infections
<b>HIV</b>	Human Immunodeficiency Virus	<b>ToR</b>	Terms of Reference
<b>IDP</b>	Internally Displaced People	<b>UNFPA</b>	United Nations Population Fund
<b>IPES</b>	Integrated Package of Essential Services	<b>UNICEF</b>	United Nations International Children's Emergency Fund
<b>IPPF</b>	International Planned Parenthood Federation	<b>UTI</b>	Urinary Tract Infections
<b>JSF</b>	Japan Supplementary Fund		
<b>JTF</b>	Japan Trust Fund		

# History, Mission, Vision, Core Values

## History:

The Afghan Family Guidance Association (AFGA) is one of the oldest non-governmental organizations in Afghanistan. AFGA was set up in 1968 to provide families, women especially, with sexual and reproductive health counseling and contraceptives.

AFGA is a member association of the International Planned Parenthood Federation (IPPF). This gives AFGA access to the IPPF's core funding and provides technical support and collaboration opportunities from the network of IPPF member associations in the South Asia region and beyond.

AFGA works in 13 provinces of Afghanistan, including Kabul, Parwan, Kapisa, Logar, Nangarhar, Laghman, Balkh, Samangan, Herat, Kandahar, Baghlan, Ghor, and Paktika, by running nine static clinics, 21 mobile health clinics, 85 Family Health Houses (FHHs), and 49 Community Outreach Midwives.

AFGA has 7 regional/provincial offices in Parwan, Kapisa, Balkh, Herat, Samangan, Logar, and Kandahar provinces.

AFGA is working in many key areas, including RMNCAH and RH Services through different Service delivery points, Youth Empowerment through integrated Youth Space (IYS) in Paktika and Youth in Last Mile Assurance (LMA), Humanitarian Response and Preparedness through procurement and supply of ERH Kits and MISP trainings, and Women Empowerment through RH services at their doorstep. and through different projects to improve the SRH, Maternal and Child Health (MCH) of Vulnerable Populations in Afghanistan.

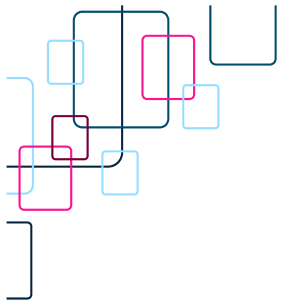
AFGA implemented projects funded by IPPF Core Fund, UNFPA, LHSS, Australian Aid, Japan Trust Fund, Japan Supplementary Fund, Respond, NORAD, Stream-3, SPRINT, and others.

### Vision

An Afghanistan in which all people are empowered to exercise their rights to ensure well-being without discrimination.

### Mission

Strive to ensure stigma and discrimination-free reproductive health and rights for all people to provide quality health care services, education, and information.





# Message from the President and CEO

**Dear Partners and Supporters,**

We are thrilled with pride and gratitude as we look back on 2024.

Despite the numerous and ongoing difficulties Afghanistan faces, such as ongoing economic hardship, natural disasters, and a massive influx of refugees returning from Pakistan and Iran, AFGA remained committed to its goal of providing health services to the most vulnerable population, especially women, girls, and children.

2024 was another prosperous year for AFGA, with expansion and measurable impact. Through 147 service delivery points/health facilities spread across 13 provinces of Afghanistan, AFGA provided around three million health services to over a million clients, lowering the child mortality and malnutrition rates, increasing community awareness of reproductive health and family planning methods.

By closely coordinating and cooperating with the Ministry of Public Health (MoPH), AFGA was able to enhance the capacity of 994 health workers and played a significant role in the development of health workers' capacity in important technical areas. AFGA established several new health facilities in remote and hard-to-reach areas of several provinces of Afghanistan, where communities have very limited or no access to reproductive health services.

We are proud to announce that AFGA established a fully equipped 20-bed Mother and Newborn Hospital (MNH) in Kabul to offer MCH services to vulnerable women, girls, and infants. The MNH acts as a referral point for AFGA's health facilities to receive patients who need more sophisticated diagnostics and treatment. The MNH is yet to embark on full-scale operation.

Through the enduring support of our donors and partners, MoPH, IPPF, UNFPA, NORAD, Government of Japan, DFAT, we expanded our reach and deepened our impact. We highly value and acknowledge your continued and meaningful support!

These would not have been possible without the tireless work of our dedicated staff and the oversight and guidance of our Board of Directors. Your dedication and contribution are truly appreciated - you are our strength!

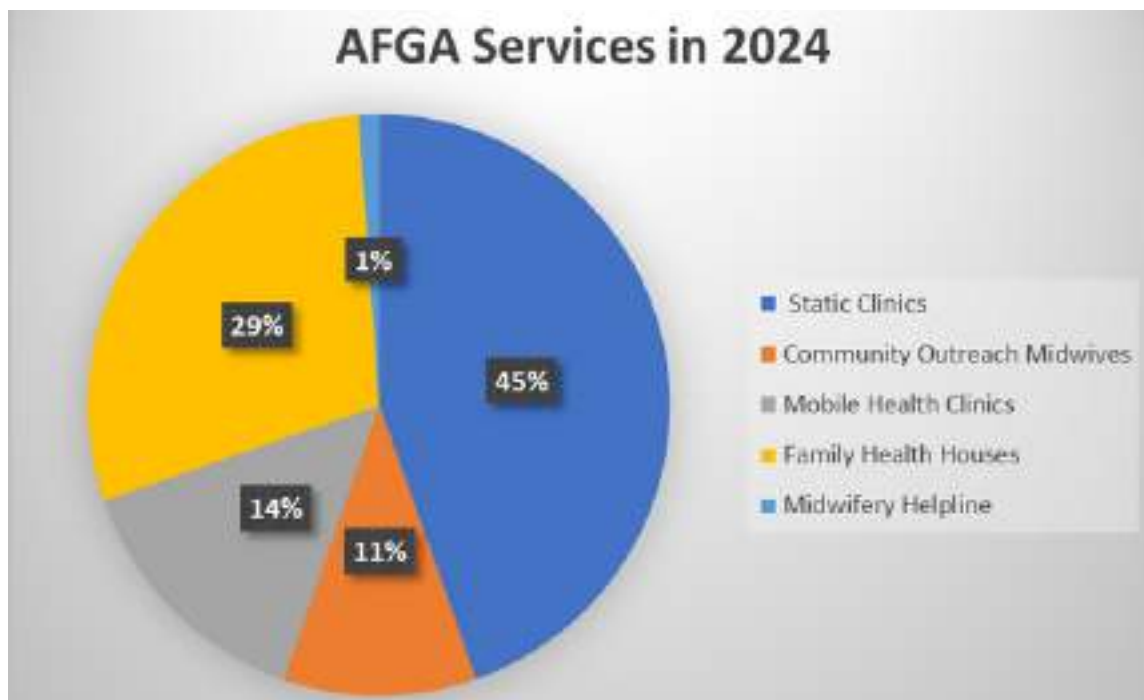
As we look ahead, we carry forward the lessons of the year 2024 to pursue even greater impact in 2025 through the provision of quality health services to our communities in hard-to-reach areas. We invite all our donors, partners, and supporters to walk with us on this journey of hope, dignity, and resilience.

**With deep appreciation,  
President of the Board of Directors and Chief Executive Officer**

# AFGA Services in 2024

## AFGA Services in 2024

In 2024, AFGA provided a total of 2,993,566 services to 1,006,400 clients in 13 provinces: Kabul, Parwan, Kapisa, Logar, Nangarhar, Laghman, Balkh, Samangan, Herat, Kandahar, Baghlan, Ghor, and Paktika, through its 147 service delivery points.



In 2024, AFGA provided services through the following categories of Service Delivery Points (SDPs):

### 1. Static Clinics/Family Welfare Centers (FWCs)

AFGA static clinics are located in Kabul's national hospitals as well as three provincial hospitals. AFGA supports and provides RH services through nine static clinics: five in Kabul (Malalai Maternity Hospital, Rabia Balkhi Hospital, Estiqlal Hospital, Ahmad Shah Baba Mina Hospital, and Kabul Central Polyclinic), one in Nangarhar, one in Balkh, one in Herat, and one in Parwan province.

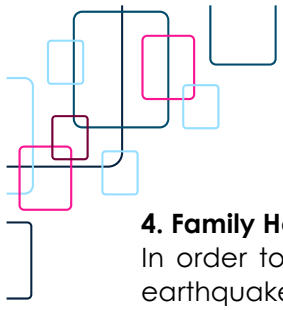
AFGA FWCs provide their clients with the Integrated Package of Essential Services (IPES), which includes ANC, PNC, Family Planning, OPD gynecology, and Post Abortion Care. In 2024, AFGA provided 1,357,657 services to 318,433 clients through nine Family Welfare Centers (FWCs).

### 2. Community Outreach Midwives (COMs)

AFGA has a comprehensive network of outreach workers across the projects that deliver family planning commodities and services to a vast population at their doorstep, thus improving access to information and services. In 2024, AFGA provided 326,766 outreach services to 60,371 clients through 49 COMs in 6 provinces of Afghanistan. Due to the restriction of the MoPH, AFGA stopped providing service delivery through COMs in the month of November 2024.

### 3. Mobile Health Teams (MHTs)

The mobile health clinics/teams provide vital medical care to people with limited access to reproductive health and health services. The clinic consists of a gynecologist, a midwife, a PSS counselor, a male physician, a nurse, a community mobilizer, and a vaccineator. The MHTs are highly effective in the provision of services in remote and hard-to-reach areas – particularly during emergencies. In 2024, AFGA provided 437,246 reproductive and non-reproductive health treatments to 242,529 clients.



#### **4. Family Health Houses (FHHs)**

In order to scale up and enhance access to vulnerable communities affected by drought, floods, earthquakes, and violence, AFGA has implemented the efficacy of reproductive health service delivery through the innovative concept of Family Health Houses (FHH). AFGA's FHH model was developed to facilitate the extension and continuation of health services in remote and isolated places where populations lack access to such services. This method of care involves a community-based health facility and a home-based reproductive health center. FHHs are established in the houses of AFGA midwives, which provide a delivery area and a small office. In 2024, AFGA provided 341,681 clients with 889,111 services.

#### **5. Midwifery Helpline (MHL)**

AFGA has set up a Midwifery Help Line (MHL) in Rabia Balkhi Hospital in Kabul to provide online technical assistance, consulting, and advising services to midwives and health service provider workers across the country. MHL was available 24/7 and provided 34,366 on-call advice and consulting services to health service provider employees in 2024. Health workers and the general public receive online consultation from the MHL's highly professional staff at any time.



# Year in Review 2024



## Highlights from 2024

- AFGA provided a total of 2,993,566 services to 1,006,400 clients in 13 provinces: Kabul, Parwan, Kapisa, Logar, Nangarhar, Laghman, Balkh, Samangan, Herat, Kandahar, Baghlan, Ghōr, and Paktika Provinces, through its 14 service delivery points.
- AFGA provided 326,766 outreach services to 60,371 clients through 49 COMs in 5 provinces of Afghanistan (Kabul, Nangarhar, Logar, Parwann and Samangan) under different projects of AFGA.
- A total of 994 health workers were capacitated through several batches of training that included Long-Acting Reversible Contraceptives (LARC), Sayana Press, IMAM, Nutrition and Psychosocial, Infection Prevention, HMIS, and RHCS in 13 Provinces of Afghanistan.
- In close collaboration with the Ministries of Education and Public Health, 3,439 students were reached through In-School Awareness Sessions in Kabul High Schools. Additionally, 537 participants—281 women and 256 men—participated in a 3-day Life Skills Education training session at the Ministry of Public Health's Child and Adolescent Health Training Center. The following topics were covered through the above training and awareness sessions: healthy lifestyle, mental health, healthy Nutrition, drug use prevention, and reporting mechanisms.
- Youth Space reached 25,838 Youth and Adolescents in Paktika Gayan District, and 24,133 Youth and Adolescents were reached through female youth educators in 10 FHHs of Balkh Province.
- AFGA policies, manuals, and procedures were reviewed, and the necessary changes were introduced to provide more controls and allow the executive team to carry out projects in an orderly and transparent manner.
- Strengthened its Supply Management System and capacity through the establishment of new warehouses, the improvement of existing warehouses, and the electronic Logistics Management Information System (eLMIS).
- AFGA's new dynamic website page with updated features was developed and launched. This will make it possible for the AFGA audience to obtain the most recent reports and content regarding the accomplishments of AFGA projects.

# Summary

*In 2024, the Afghan Family Guidance Association (AFGA) provided its services to the vulnerable and needy population and families under four components (Reproductive Health, Family Planning, Humanitarian, and Youth and Adolescents) through UNFPA, Core Fund, JSB-3, NORAD-2, LHSS, Stream-3 Returnees Response Project, and Stream-3 Flood Emergency Response Projects.*





**Core Fund Project**



# Core Fund Project

In 2024, AFGA maintained its commitment to providing quality integrated Sexual and Reproductive Health (SRH) services to clients via its nine Family Welfare Centers (FWCs)/Static Clinics and five Community Outreach Midwives across five provinces.

In 2024, the nine static clinics and five Community Outreach Midwives delivered a total of 1,426,851 services to 330,989 clients. The SRH services included Family Planning, ANC, PNC, STI, HIV, Obstetrics, Subfertility, Urology, General Counseling, and Post Abortion Care (PAC). The program and M&E teams closely monitored and supervised these service delivery points to ensure quality and effectiveness, offering guidance and on-the-job training as needed.

To expand its services, AFGA integrated ultrasound services into its 8 Family Welfare Centers/Static Clinics in Kabul, Balkh, Herat, Parwan, Logar, and Nangarhar Provinces.

As per its advocacy and coordination objectives, AFGA's Core Fund Project team attended several meetings, workshops, and events during the year 2024. These include: Health Cluster and Nutrition Cluster meetings, RMNCAH technical working group meetings, and provincial and regional level meetings.

In collaboration with the Ministry of Public Health and the Ministry of Education, 28 batches of In-School Awareness Sessions were held for 3,439 youths and adolescent participants at Kabul High Schools in an effort to build and improve the youth awareness and knowledge on youth health-related issues. Additionally, 537 youth—281 female and 256 male—participated in 19 batches of a three-day Life Skills Education training program held at the Ministry of Public Health's Child and Adolescent Health Training Center.

The Core Fund project is being funded by the International Planned Parenthood Federation (IPFF).





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FGA's Rustam Abad Mobile Health Cl

Samangan Province



**UNFPA Project**

# UNFPA Project

AFGA has been a long-standing partner of UNFPA. With funding from UNFPA, AFGA provided maternal and child health (MCH) services in Afghanistan's 6 provinces in 2024 in the following four areas:

## 1- Reproductive Health

AFGA provides comprehensive reproductive health services through 25 Family Health Houses, support of the fistula ward in Malalai Maternity Hospital, and maintenance of one functional MHL in Rabia Balkhi Maternity Hospital.

During the year 2024, a total of 318,395 reproductive health and non-reproductive health services were provided to 186,874 clients through 25 Family Health Houses (FHHs) in Balkh and Herat Provinces.

The Midwifery Helpline (MHL) was operating 24/7 in Rabia Balkhi Maternity Hospital. The MHL provided 34,366 on-call consultation and advisory services to health service providers' personnel all over the country.

Midwifery Helpline (MHL) was established in 2016 through UNFPA financial support in the Rabia Balkhi Maternity Hospital in Kabul to provide technical support to health service providers and the general public in Hard-to-Reach areas of Afghanistan.

MHL is equipped with communication tools and a dashboard that records each call and the services that are provided through the system. Calls received and the services provided are recorded in the digital tool that generates reports and dashboard analytics.

Furthermore, throughout their care at Malalai Maternity Hospital, 168 patients with Obstetric Fistulas (OF) received assistance from AFGA. The assistance covered the patients' transportation and... expenses. By conducting a one-month training on basic fistula in the Fistula ward of the Malalai Maternity Hospital, AFGA enhanced the proficiency of six Gynecology Specialists from Khost, Herat, and Nangarhar Provinces.

Additionally, AFGA provided commodities and medical supplies to 548 FHHs nationwide that were supported by UNFPA.





## 2- Family Planning

AFGA offers high-quality family planning services through the UNFPA-funded project by holding a number of training courses, such as RHCS Training for Pharmacy, RH, and HMIS Officers, CHW Training for Community Workers, and Long-Acting Reversible Contraception (LARC) for Health Service Providers. Additionally, family planning supplies are being supplied to UNFPA Implementing Partners across the country.

In 2024, AFGA's contribution to developing the capacity of health services providers was vital. AFGA, through the UNFPA-funded project, enhanced the capacity of 873 health service providers on different subjects.

- 121 midwives and female MDs from 16 provinces received 6-day LARC training in central, western, and northern zones.
- 697 Community Health Workers (CHWs) from 14 provinces received 2-day Sayanapress training. The CHWs will improve the quality and access to unique family planning methods at the community level under their coverage.
- 55 pharmacy, RH, and HMIS officers from 9 provinces received 5 days of RHCS training to contribute to reproductive health and family planning commodities management.

In addition, AFGA capacitated 16 UNFPA partner organizations to use electronic Logistics Management Information System (eLMIS) for Family Planning and other supplies recording and reporting.

In order to coordinate family planning, reproductive health, supply management, and monitoring activities with UNFPA partner agencies at the national level, AFGA also arranged and facilitated four rounds of national Reproductive Health Commodities Security (RHCS) technical committee meetings in close collaboration with MoPH and UNFPA.



### 3- Humanitarian

AFGA continued to be one of UNFPA's key partners in 2024 for the delivery of humanitarian aid services in Afghanistan. In addition to the provision of direct humanitarian assistance services, AFGA maintained 4 regional warehouses in Kabul, Balkh, Herat, and Kandahar provinces and stocked medical and non-medical supplies provided by UNFPA. These supplies are aimed at being supplied to all UNFPA partner organizations across Afghanistan.

AFGA provided a total of 348,406 health services to 177,434 vulnerable populations through 14 Mobile Health Teams (MHTs) in Kapisa, Logar, and Samangan provinces.

1,492 IAHR kits were supplied to health facilities in humanitarian-affected areas to ensure the availability of quality reproductive health supplies.

In addition, a total of 1,492 ERH kits and 48,675 winterization kits, and medical and non-medical items were stored in four regional warehouses. These fully equipped warehouses strengthened AFGA's capability to quickly supply the reproductive health and winterization kits to vulnerable populations in any humanitarian response and emergencies across the mentioned regions.

Further, 48 Pre-fabricated containers were installed at the UNFPA-funded MHTs to ensure the establishment of one main service delivery point for MHTs.

To promptly reach the affected populations in an emergency situation and respond, AFGA established two Emergency Response Teams (ERTs) in the West and North regions. Each ERT team consists of two males and one female (Coordination officer, RH in Emergency Officer, and PSS in Emergency Officer).





#### 4-Youth and Adolescents:

Health services to youths and adolescents and involving them in the provision of services, is one of the AFGA's core service components. Under the UNFPA-funded project, AFGA provided services to a total of 49,971 youth and adolescents through an Integrated Youth Center in Ataturk Hospital in Kabul, a Youth Space in Gayan district of Paktika province, 10 FHHs in Balkh Province, and the Youth in Last Mile Assurance (LMA) Pilot Project in Kabul, Herat, and Balkh provinces.



48 LMA volunteers, 24 male and 24 female, from Kabul, Herat, and Balkh Provinces were assigned to support the team's effort in the distribution and monitoring of different kits and commodities, public awareness-raising activities, stock counts, and assessments of commodities. The LMA youth volunteers also support AFGA in post-distribution monitoring of the supplied Kits to health facilities to ensure the quality in their respective regions.



## Preventing Loss, Saving Lives: Saliha's Story of Hope Through Mobile Health Care

Saliha, a 40-year-old mother of four, lives in the remote mountainous village of Damanji in Kapisa province, Afghanistan. She had long endured the heartbreaking pain of losing two babies during pregnancy. "I was bleeding, and by the time I reached the nearest clinic, I had already lost my babies in the womb," she recalls, her voice filled with sorrow.

For years, Saliha struggled to access proper maternal healthcare, a common challenge in rural Afghanistan, where health services are often out of reach. The trauma of her past losses left her fearful when she found out she was pregnant again. But when she heard about the UNFPA-supported, AFGA-run Mobile Health Clinic (MHT) that had been set up in her village, Saliha saw a glimmer of hope.

Determined to take every precaution, she began visiting the clinic regularly to receive antenatal care. **"The clinic helps with vaccination and relieves my pain,"** Saliha says, now feeling more at ease.

Shayesta Afzali, the midwife at Damanji MHT, played a crucial role in Saliha's care. When Saliha first visited the clinic, she was unsure if she was pregnant. **"We confirmed her pregnancy with a simple test and started monitoring her health using a Maternal and Child Health (MCH) handbook,"** says Shayesta. This tool has been essential in tracking her health progress throughout pregnancy, childbirth, and early childcare. In addition, the clinic ensured Saliha received her Tetanus Toxoid (TT) vaccination on time, another critical step in safeguarding both her health and the health of her unborn child.

Since its establishment in 2023, the Damanji MHT has provided 12,941 essential health services to approximately 2,000 households in the surrounding area. The clinic addresses a range of critical needs, including maternal and child health care, psychosocial support, vaccinations, nursing services, health education, outpatient care, and more. In addition, the clinic offers referral services to the district hospital via an ambulance, ensuring that those in need of more specialized care receive timely and life-saving treatment.

AFGA operates 14 such mobile health clinics, supported by UNFPA, across three provinces—Samangan, Kapisa, and Logar—offering life-saving care to some of Afghanistan's most remote and underserved communities.

For Saliha, the MHT has brought a sense of security and hope that her upcoming childbirth will be different from her past experiences. With the support of the clinic, she feels better prepared to bring her child into the world with the care she needs.



## Psychosocial Counseling Prevented the Self-suicide of a Woman

The Tagab District is situated in the eastern part of Kapisa Province, Afghanistan. It borders Parwan Province to the West, Mahmud Raqi and Nijrab districts to the North, Alasay District to the East, and Kabul Province to the southeast. The main source of their income is agriculture, with 90% of usable land under cultivation. Most of the people of this district are facing poverty and don't have basic life facilities.

One of the villages of this district is Shahkoot, where most of the people are poor and struggling with lots of difficulties in life, especially health problems due to the far distance of health centers from the village. The Afghan Family Guidance Association, through the financial support of the United Nations Population Fund (UNFPA), established a Mobile Health Clinic (MHT) named Shahkoot MHT during the year 2023. More than 40 patients are visiting this MHT to receive health and counselling services on a daily basis.

One of these patients is Latifa, a woman who lives in Shahkoot village of Tagab district of Kapisa province, who visited this MHT in a very bad mental health condition. She was not even able to speak. Thus, she was referred to the MHT's counsellor, Ms. Tamkin.

Ms. Tamkin, the MHT's Psychosocial Counsellor, tried to speak with her in order to know her problems. She seemed to have high depression. After some time, Latifa broke her silence and started to speak with a shaken voice. She said, **"It's been 8 years since I got married. I have 4 children. My youngest child is 2 years old. My family problems started after I got married. My husband was addicted to marijuana and other types of drugs. Whenever he used drugs, she was not in control, and he was beating me, hitting me, cutting me, etc. As a result, I committed suicide many times. But my family saved my life. I don't want to be alive anymore."**

She added, **"I am using depression pills, but they didn't help my mental health. I am not feeling calm and relaxed."**

The PSS Counsellor told her that stop using depression pills. Instead, regularly come to the MHT, take counselling sessions and take care of yourself.

The MHT Counsellor, Ms Tamkin, added: **"I had more than 5 counselling sessions with Latifa and told her how to manage her mental health and her married life. Latifa's mental health changed positively. She even talked with her husband to stop using drugs and have a happy and healthy family. Her husband also agreed to be admitted to the hospital."**

Latifa and her family are happy and appreciate the AFGA MHTs' services, which are being funded by UNFPA. Latifa says, "Thanks for your services. I am now feeling much better than before. May Allah bless you.





## JSB-3 Project

# Japan Supplementary Budget (JSB-3) Project

The Government of Japan, through its Japan Supplementary Budget (JSB) funding stream, has been supporting AFGA for the last three years. The 3<sup>rd</sup> cycle of the JSB funding (JBS-3) project was implemented from July to December 2024 in 5 provinces of Afghanistan. Under this project, AFGA provided reproductive health services and psychosocial and nutrition counselling services to vulnerable populations through 60 Family Health Houses (FHHs) in Parwan, Kapisa, Logar, Balkh, and Laghman Provinces, and one Family Welfare Center (FWC) in Logar Province.

The FHHs are located in white and hard-to-reach areas of the mentioned provinces where communities do not have easy access to health facilities, particularly the SRH services.

The Logar Family Welfare Center (FWC) is located in Nayeb Aminullah Khan Logari Hospital and provides ANC, PNC, Family Planning, safe abortion care, and gynecology services to the clients.



Through this project, AFGA provided a total of 251,993 SRH and Non-SRH services to 76,136 clients. These services included Family Planning, Gynecology, STI, HIV, safe abortion care, subfertility, urology, and non-reproductive health services. The services were highly effective in reducing the maternal mortality rate.

A 4-Day Infection Prevention Training Program was also conducted for 15 FHHs midwives of Logar Province.

People and community are happy and satisfied with the AFGA FHHs and FWC services in the hard-to-reach areas of the country, where there is no other health facility available and the AFGA SDPs services are life saving.



## A Lifeline in the Desert: Zahra's Journey to Survival



Zahra\*, a mother of ten children living in the rural Miakhil village of Tagab district in Kapisa province, faces daily struggles. With an elderly husband who has a disability, the family endures economic hardship. They live in an area far from any hospital, and access to healthcare is limited. Despite the challenges, Zahra has always done her best to care for her family. However, after giving birth to her youngest child three months ago, her situation took a dire turn.

Zahra suffered from a retained placenta, a life-threatening condition where the placenta remains inside the uterus after delivery, causing heavy bleeding. Alone at home, with no way to afford travel to a far-off hospital, she was in critical condition. Her only hope lay in the Mia Khil Family Health House (FHH), supported by IPPF JSB-3 Project and run by AFGA, which has been serving this remote area since 2022.

In a moment of desperation, Zahra managed to reach the FHH. Midwife Khalida, who works at the FHH, recalls the urgency of the situation. **"When I found Zahra, she was bleeding already, and her life was at risk."** She says. **"Without immediate care, she could have lost her life and her baby."** Khalida immediately performed a safe removal of the retained placenta and conducted life-saving post-delivery procedures for six hours, stabilizing Zahra's condition.

Zahra, grateful for the timely intervention, says, **"We live in a desert under a desperate situation. God sent the midwife to save my life. Without the FHH, I wouldn't have been able to afford the care I needed."** Today, Zahra and her baby are healthy, and she regularly visits the FHH for health check-ups and vaccinations.

Since its establishment, the Mia Khil Family Health House (FHH) has provided life-saving care to thousands of people, delivering essential services such as maternal and child healthcare, Family Planning, ANC, PNC, Delivery, Nutrition, and psychosocial counseling.

AFGA operates 60 FHHs under the IPPF's JSB-3 funded project across five provinces, Kapisa, Parwan, Logar, Balkh, and Laghman in Afghanistan, providing life-saving services in remote, underserved communities.

Zahra's story highlights the life-saving impact of the Mia Khil FHH, offering hope where it's needed most. Thanks to timely care, Zahra and her baby are healthy, with a future now filled with possibilities.



**NORAD-2 Project**

# NORAD-2 Project

The Norwegian Agency for Development Cooperation (NORAD) is an administrative and specialist body for development cooperation and supports the Ministry of Foreign Affairs and the Ministry of Climate and the Environment in achieving the goals of Norwegian development policy and promoting sustainable development.

NORAD has been supporting AFGA for the last three years. The 3<sup>rd</sup> cycle of the NORAD funding (NORAD-3) project was implemented from October 1<sup>st</sup> 2023 to November 30<sup>th</sup> 2024 in 6 Provinces of Afghanistan. Under this project, AFGA provided reproductive health services and psychosocial and nutrition counselling services to vulnerable populations through 34 Community Outreach Midwives (COMs), 60 Family Health Houses (FHHs), one Basic Health Center (BHC), and three Mobile Health Teams (MHTs) in Kapisa, Parwan, Logar, Balkh, Laghman, and Logar.

Through this project, AFGA provided a total of 427,554 essential Reproductive Health and Mothers and Child Health Services to the 139,003 clients. These services included Family Planning, Gynecology, STI, HIV, safe abortion care, subfertility, urology, and non-reproductive health services. The services were highly effective in reducing the maternal mortality rate.



Several capacity-building programs were organized through this project, and a total of 112 healthier workers benefited. The capacity building programs included;

- A 4-day Infection Prevention Training Program was conducted for 15 FHH midwives of Logar Province.
- 12-day training program was conducted for 15 nutrition counsellors from Balkh province
- A 6-day Nutrition and Psychosocial training program was conducted for 30 nutrition counselors of Logar, Parwan, and Kapisa provinces.
- A 3-day HMIS training was organized for 27 FHH midwives of Laghman, Balkh, and Paktika provinces.
- A 3-day MISP training was conducted for 25 FHH Midwives of Kapisa and Parwan Provinces.
- IMAM training was organized for Nutrition and PSS counselors of Laghman Province.

The project was implemented in close coordination with the Ministry of Public, the Ministry of Economy, and communities at provincial and regional levels. AFGA actively participated in various coordination meetings and events.



## Saving a Child's Life by Providing Timely Healthcare Services

Mariam is a 37-year-old woman. It's been 15 years since she got married. She has 4 children (two daughters and two sons). She and her family live in Baba Sango Wali village of Nijrab District of Kapisa Province. They don't have basic life facilities and are struggling with lots of challenges.

The only source of their income is farming. Mariam and her husband are illiterate. Mariam couldn't attend school due to poverty and cultural obstacles for women to go to school.

One day, Mariam, along with her youngest child, a 15-month-old baby boy named Musleem, came to the AFGA Baba Sangoi Wali FHH, which is being funded by the NORAD-2 Project.

After the child's check-up and screening by the Nutrition Counsellor, it was diagnosed that he is suffering from severe acute malnutrition. His weight was 6.4 Kg and height was 69 cm. He severely lost energy and protein. The Family Health House (FHH) Nutrition Counsellor admitted him in the FHH and provided him with 17 RUTF Packs every week. Musleem was under direct observation of the Babasangoi Wali FHH Nutrition Counsellor. The RUTF packs are being provided through AFGA FHHs received by UNICEF.

After a few weeks and AFGA's nutrition counsellor regular screening and services to the child, Musleem's health condition improved. He weighted gain and his height was improved. Then he was discharged from the OPD.

The AFGA Nutrition Counsellor, Ms. Seema Seraj, said: **"Provision of health services to such patients makes us proud of being a health worker. It gives us good energy and happiness when the patient's health is returning to normal."**

Mariam said: **"I was very disappointed since we did not have money to treat my child. But the AFGA Nutrition Counsellor checked my child's health condition and explained that he can be treated. I got so emotional and could not control my tears. They gave me hope and saved my child's life. I cannot explain my feelings, how happy I am when I see my child recovering, growing and returning to a healthy life. I wholeheartedly thank AFGA for all their support and services in the hard-to-reach areas of the country to the vulnerable families."**





**LHSS Project**

# LHSS Project

The Local Health System Sustainability Project (LHSS) under the USAID Integrated Health Systems IDIQ helps low- and middle-income countries transition to sustainable, self-financed health systems as a means to support universal health coverage. The Local Health System Sustainability (LHSS) Activity in Afghanistan works with local stakeholders to strategically expand the scale, quality, availability, and affordability of health products and services in the urban and peri-urban areas of Kabul and other provinces.

Under this project, AFGA provided community-based services through 10 Community Outreach Midwives (COMs) in Kabul Province, pre-urban area, and Ultrasound services in Rabia Balkhi, Balkh, Herat, and Nangarhar Static Clinics. AFGA expanded the integration of Ultrasound Services from 4 to 8 Family Welfare Centers/Static Clinics. AFGA charges a nominal fee for its ultrasound services. Ultrasound services provide an opportunity for economically poor clients to receive these services at much subsidized fees and without traveling to private clinics.

Through the LHSS project, a Comprehensive Reproductive Health Center (CRHC) was planned to be established. The project aimed to cover the operational expenses of the CRHC, while the medical and non-medical equipment was covered through other sources. The initial work on the establishment of the CRHC is almost completed and is anticipated to be functionalized in early 2025. A comprehensive business plan was developed to be followed in the coming years.

During the year 2024, through the LHSS project, a total of 182,296 services were provided to 47,757 clients in 4 provinces. These services included Family Planning contraception (condoms, COC, POP, IC, EC, IUD, and implant) and ultrasound services. The project is expected to be extended in 2025 with additional funding and activities.





**Stream 3 Returnees  
Emergency Response Project**

# Stream 3 Returnees Emergency Response Project

On September 26, 2023, Pakistan Interim government suddenly announced repatriation of the undocumented/ un-registered Afghan Refugees living in Pakistan back to their home country. While the internal capacity of Afghanistan authorities to receive and manage such a huge number of people was too low, thousands of people were in urgent need for humanitarian and emergency assistance.

These returnees stayed in temporary shelters in reception centers or camps before reaching their intended destinations mainly Nangarhar, Kandahar, Kunar, Khost and Kabul provinces and at least one refugee's camp at each big province), exposing them to vulnerable living conditions.

To respond to the urgent needs of the returnees's, AFGA with the financial support of IPPF started implementing the project called "Stream 3 Emergency Response for Afghan returnees" in close coordination with local authorities and MOPH by establishing two mobile health teams in Nangarhar and Ghazni Province of Afghanistan and providing Minimum Initial Services Package (MISP) services for returnees in urgent need.



The first MHT started service provision in Shaikh Musri area in Nangarhar province on January 21, while the 2<sup>nd</sup> MHT in Shahrak-e-Alberoni area in Ghazni province in February 2024. Both MHTs provided Family Planning, OPD, Reproductive Health, and HIV services to the Afghan Returnees from Pakistan. The Project was implemented in close coordination with stakeholders at national and provincial levels.

This was a three month project, starting in January and ending in March 2024. A two months no cost extension for the project was requested by AFGA and approved by donor.

Through the Stream 3 Returnees Emergency Response 5 months project, AFGA provided a total of 41,739 services to the 15,422 clients.

## Timely care to a Pregnant Woman in the Emergency Situation

Marzia is a refugee who returned from Pakistan to Afghanistan in December 2023. Marzia with her family are currently living in Khugyani District of Nangarhar Province under a tent. They are struggling with lots of economic challenges. Besides, they don't have access to basic health services.

Marzia is a 30-year-old woman. It's been 10 years since she got married. She is the mother of 4 children, and she is currently pregnant. She needed routine and timely checkups from doctors and healthcare. Fortunately, by the time the AFGA Mobile Health Team (MHT) under IPPF Stream-3 Returnees Response Project started its operation, she came to the clinic to receive health services.

The AFGA MHT midwife checked her health condition and found that she has severe anemia and which will have a bad impact on her and her child's health. Besides, her pulse was weak and her blood pressure was low. And if she doesn't take good care of herself, she will lose her and her child's life.

The midwife gave her multivitamins, folic acid, and other required medications during her pregnancy. Besides, applied serum to her. And asked her to eat specific foods that she needed during her pregnancy.

Marzia says: **"By the time we returned from Pakistan to our country, we lost everything. My Husband lost his job. We lost our home, our life facilities, etc. We are now in need of basic life facilities. We don't have a home and are living under a tent. This made me and the children get sick. She added, "I really appreciate the AFGA MHT services to the vulnerable returnees from Pakistan who are facing lots of economic and health issues. They give us medicine and care for us in a very good manner. May Allah bless them all."**



Mariam, the AFGA MHT midwife in Nangarhar, says that every day more than 100 patients, including women, children, and men, are coming to our MHT and receive health services, including (Family Planning, ANC, PNC, Delivery, OPD, Psychosocial Counselling, etc.)

Returnees and community elders are happy with the health services that we provide and admire AAFGA's efforts in the health sector of the country.



**Stream 3 Flood  
Emergency Response Project (Baghlan)**

# Stream 3 Flood Emergency Response Project (Baghlan)

On 10th and 11th May, heavy rainfall and flash floods struck northeastern Afghanistan, affecting 21 districts across Baghlan (10), Badakhshan (5), and Takhar (6) provinces. As a result, 200 lost their lives, and many were injured, where thousands of homes destroyed or damaged.

In response to the flood disaster in Baghlan, AFGA initiated an Emergency Response to provide MISP and other required emergency RH and healthcare services to the affected people/survivors in Baghlan province in close coordination with local authorities and MoPH by the establishment of two mobile health teams.

Through the Stream-3 Flood Emergency Response Project, Mobile Health Teams in Baghlan, AFGA provided MISP and other required emergency Reproductive Health services to the affected people by flash floods. The project Mobile Health Teams (MHTs) operated for two and a half months, starting from May 15 till July 31, 2024, and provided a total of 24,053 MISP and RH services to 12,826 clients.

The project was successfully implemented, exceeding the project targets. The AFGA MHTs' services were appreciated by the Baghlan Province's Public Health Directorate, and an appreciation letter was issued to the project team coordinator.



## Emergency Response to the Flood Affected Woman

Nasima is a 46-year-old woman who has three sons and five daughters and lives in the Baghlan-e-Jadid district of Baghlan, Afghanistan.

Her husband had a vegetable shop in a market near their village. They were living their normal lives. Her children were going to school, and she was busy gardening.

Suddenly, a day after the flood in their district, she lost one of her sons, her house, and basic life facilities. Her husband's shop was also destroyed. They lost their hope in life. Their everything was disappeared in a minute.

She was brought to the AFGA Mobile Health Clinic, which is being funded through the IPPF Stream-3-3 flood emergency response project, in poor mental health condition. After a check-up visit with the MD of the MHT, she was referred to the PSS consular because of her severe stress and frustration.

Nasima was shocked. She was crying and calling her son. The AFGA MHT Psychosocial Counsellor talked with her and kept her calm. The counsellor tried a lot to interact with her to listen to her life story.

After a while, Nasima started to talk and broke her silence: **"It was around 1:00 PM; that storm with heavy rain started. My little son was playing with his friends in front of the house. I asked him to come in, but he didn't care and continued playing. Soon the flood came, and my son disappeared. I screamed and started searching for him. When the flow of the flood stopped, our neighbor said that your son had been found in Tajik Ha village, but he is no longer alive."**



Nasima added, "My little four-year-old son died due to the flood. How should I overcome this tragedy? My house was destroyed, and my husband's shop was destroyed. There is nothing left in our lives. We are living in the yard of our house in a tent. I don't want to live anymore." The AFGA MHT Psychosocial Counselor asked her husband to regularly bring his wife to take advisory and counselling sessions at the mobile health clinic.

In the first session, Nasima was very hopeless and wasn't thinking about herself or other children. But the psychosocial counsellor said, "I accept that you are struggling with lots of difficulties and a critical situation, but you should think of your other children as well. They need their mother. You should be strong enough to give hope to your children and your family."

Some vitamins and food kits were also provided to her by AFGA MHT. After many counselling sessions with her, she feels better than before. She is now gaining hope and taking care of herself and her family.

Nasima appreciated the AFGA Mobile Health Clinic services in their district at their doorstep in the emergency and critical condition and said: "AFGA MHT counsellor and other staff are providing quality health services to the clients, we are happy and grateful for the services they provide."



**Stream 3 Flood  
Emergency Response Project (Ghor)**

# Stream 3 Flood Emergency Response Project (Ghor)



On 17 and 18 May 2024, heavy rainfall led to flash floods in the Northern and Western regions of Afghanistan, impacting 10 districts in Ghor province (Charsada, Dawlatyar, Dolayna, Ferozkoh, Lal Wa Sarjangal, Murghab, Pasaband, Saghar, Shahrak, and Tolak districts), where these floods resulted in the deaths of at least 120 people, with hundreds more people missing and extensive damage to private properties and civilian infrastructure.



In line with its commitment to respond to emergencies, AFGA, through financial support of IPPF, implemented an emergency project for the flood-affected populations, especially women and children, in Ghor Province of Afghanistan. It was a 3-month project started in July 2024 and ended in September 2024. Two mobile health teams were established in Pushte Koh Morek and Firozkoh villages of Ghor Province. In each clinic, in addition to male health providers, there are 3 female health providers (MD/Gynecologist, Midwife, and PSS counsellor).

The project was implemented in close coordination with the Health Cluster and the local authorities. Through this project, a total of 69,686 services were provided to the 16,598 clients.



## Health Services in an Emergency Situation Saved the Life of a Mother

Atefa is 26 years old woman who lives in Pushta E Gao Morak Village of Qala e Firozkoh District of Ghor Province. By the time the flood came to this district, she was passing her last days of her pregnancy and was about to deliver her baby. Suddenly, due to fear of flood, her labor pains started, and there was no way to take her to the city hospital for her delivery. Therefore, she delivered her baby at home, but she didn't feel well.

By the time the AFGA Mobile Team (MHT) funded by IPPF Stream-3 Emergency Response Project started its operation in her village. Her husband came to the clinic and asked for help. He said that my wife's health condition is not good, and she has severe bleeding.

The AFGA MHT midwife went to Atefa's house along with her husband. After her checkup and screening, it was found that she is anemic and has severe hydramnios. Besides, she had a laceration. The placenta was also not fully removed during her delivery.

The MHT's midwife took necessary action and took out the remaining placenta from her body, applied serum to her, and prescribed folic acid, Iron, vitamins, and some other required medicine to her.

By passing the hour, she was feeling much better, but still the AFGA MHT midwife spent the whole night with her in her house to ensure that Fatima's health condition is getting better and she is not at risk.

Atefa, her husband, and family appreciate the AFGA MHTs staff support, especially the midwife for her unconditional health services to the vulnerable and needy women and families in crises.

Atifa said, **"Your services are unforgettable. May Allah bless you. You saved my life."**

Afghan Family Guidance Association (AFGA) is committed to provide humanitarian and reproductive health services to the vulnerable and needy families especially women and girls, anywhere and at any time so that they could feel some comfort especially in crises such as Ghor flood where thousands of people were affected.





# Donors and Partners

# Doners and Partners in 2024

## MOPH

The Ministry of Public Health is AFGA's primary partner in providing mother and child health services as well as reproductive health care to the most vulnerable populations in the country. AFGA executes projects in accordance with the memorandum of agreement (MOU) and collaborates closely with MoPH.



## IPPF



The International Planned Parenthood Federation (IPPF) is the core and primary source of AFGA funding for its program implementation. AFGA is making joint advocacy efforts on Reproductive Health (RH) with other stakeholders to achieve policy and legislation changes. Through IPPF Core funding, AFGA is delivering a quality integrated package of essential services through 9 Family Welfare Centers in five provinces of Afghanistan.

## UNFPA

The United Nations Population Fund (UNFPA) is the United Nations SRH agency. Their mission is to deliver a world where every pregnancy is wanted, every childbirth is safe, and every young person's potential is fulfilled. For many years, AFGA has been one of UNFPA's most important partners in Afghanistan. With financial assistance from UNFPA, AFGA has been carrying out a number of programs and initiatives in the areas of family planning, reproductive health, humanitarian aid, and services geared at youth and adolescents.



## JSB



From  
the People of Japan

AFGA has been partnering with the Government of Japan through its Japan Supplementary Budget (JSB) since 2021. Since then, AFGA has implemented three projects. Currently under the JSB initiative, AFGA has been implementing a project titled "Meeting the urgent needs of marginalized population in crises affected provinces through provision of quality SRH and MCH services" in three provinces of Afghanistan, providing reproductive health services to vulnerable populations – particularly women and girls.

## NORAD

AFGA has remained a partner with NORAD since 2021 and has implemented several projects on sexual and reproductive health (SRH). Through the financial support of NORAD, currently AFGA has been implementing a project titled "Provision of quality reproductive, maternal and child health services in targeted provinces" In 9 provinces of Afghanistan.



## DFAT



Through the financial support of Australia's Aid (DFAT), AFGA has been implementing a three-year project titled "Provision of quality essential reproductive health services in a new delivery mechanism" in 3 provinces of Afghanistan. Under this project, AFGA aims to provide SRH and MCH services to women and girls in remote and hard-to-reach areas in selected provinces.



# Financial Statements

**AFGHAN FAMILY GUIDANCE ASSOCIATION-AFGA**  
**STATEMENT OF FINANCIAL POSITION**  
**AS OF DECEMBER 31, 2024**

	Note	2024			2023
		Unrestricted	Restricted	Total	Total
USD					
<b>ASSETS</b>					
<b>NON CURRENT ASSETS</b>					
Property, plant and equipment	4	318,290	648,815	967,105	905,694
<b>CURRENT ASSETS</b>					
Advances and grants receivables	5	2,016	455,095	457,110	103,180
Cash and cash equivalents	6	475,774	526,251	1,002,025	1,378,880
Subtotal		477,789	981,346	1,459,135	1,482,060
<b>TOTAL ASSETS</b>		<b>796,079</b>	<b>1,630,161</b>	<b>2,426,240</b>	<b>2,387,754</b>
<b>FUNDS AND LIABILITIES</b>					
<b>FUNDS</b>					
Fixed assets fund	4	318,290	648,815	967,105	905,694
Accumulated funds		489,063	542,118	1,031,181	746,442
		807,353	1,190,933	1,998,286	1,652,136
<b>CURRENT LIABILITIES</b>					
Deferred grant	7	-	253,711	253,711	439,441
Accrued and other liabilities	8	174,243	-	174,243	296,177
		174,243	253,711	427,954	735,618
<b>TOTAL FUND AND LIABILITIES</b>		<b>981,596</b>	<b>1,444,644</b>	<b>2,426,240</b>	<b>2,387,754</b>

The annexed notes from 1 to 15 form an integral part of these financial statements.

MOORE

Chief Executive Officer




Finance Manager



**AFGHAN FAMILY GUIDANCE ASSOCIATION-AFGA  
STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED DECEMBER 31, 2024**

	Note	2024			2023
		Unrestricted	Restricted	Total	Total
<b>USD</b>					
<b>INCOME</b>					
Grants income	9	570,607	4,797,832	5,368,439	5,670,041
Other Income	10	369,501	-	369,501	348,910
		940,109	4,797,832	5,737,941	6,018,951
<b>PROJECT EXPENDITURE</b>					
Outcome - 1	11	36,399	-	36,399	21,153
Outcome - 2		67,564	-	67,564	39,639
Outcome - 3		274,914	4,797,832	5,072,746	5,328,495
Outcome - 4		13,997	-	13,997	20,607
		392,875	4,797,832	5,190,707	5,409,894
<b>OTHER COSTS / INCOME</b>					
Administration and Personal Cost		260,343	-	260,343	424,521
Exchange (Gain) / loss		2,152	-	2,152	390
		262,495	-	262,495	424,912
<b>TOTAL EXPENDITURE</b>		<b>655,370</b>	<b>4,797,832</b>	<b>5,453,201</b>	<b>5,834,806</b>
<b>SURPLUS / (DEFICIT) FOR THE YEAR</b>		<b>284,739</b>	<b>0</b>	<b>284,739</b>	<b>184,146</b>
Movement in fund balance is given below:					
<b>BALANCE BROUGHT FORWARD</b>		204,324	542,118	746,442	562,296
Surplus for the year		284,739	0	284,739	184,146
<b>BALANCE CARRIED FORWARD</b>		<b>489,063</b>	<b>542,118</b>	<b>1,031,181</b>	<b>746,442</b>

The annexed notes from 1 to 15 form an integral part of these financial statements.

Chief Executive Officer



MOORE

Finance Manager



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